

## Relationships and Sexuality Education (RSE) Policy



## Sea View Community Primary School

### UNCRC

We are a Rights Respecting School and pay due regard to the United Nations Convention on the Rights of the Child (UNCRC) in all our working practices. We consistently reference and remind our children of the articles and the importance of the convention. We use the convention to promote a positive behaviour ethos across the whole school community.

The articles linking to this policy are: A3, A6, A7, A8, A12, A14, A16, A19, A29, A30, A33, A34, A35, A36, A37, A39

### Equality Statement

At Sea View Community Primary School, we are committed to ensuring equality of opportunity for all pupils, staff, parents and carers irrespective of race and nationality, gender, gender identity, disability, religion or belief, sexual orientation, pregnancy, marriage, age or socio-economic background. We aim to develop a culture of inclusion and diversity in which all those connected to the school feel proud of their identity and ability to participate fully in school life.


We tackle discrimination through the positive promotion of equality, by challenging bullying and stereotypes and by creating an environment which champions respect for all.


At Sea View Community Primary School, we believe that diversity is a strength which should be respected and celebrated by all those who learn, teach and visit us.

The school has a full and separate Equality Policy. Please consult this for further details.

[www.abertawe.gov.uk](http://www.abertawe.gov.uk)

[www.swansea.gov.uk](http://www.swansea.gov.uk)

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@swanseacouncil

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Date of implementation	September 2022
Date of policy review I	September 2023 – <i>G Tiltman</i>
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Date of policy review III	
Name of RSE Lead	Glyn Tiltman/Sian Davies
Governor with responsibility for RSE	Sue James

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## Introduction

RSE is a positive and protective part of the Curriculum for Wales. It plays a central role in supporting learners' rights to enjoy fulfilling, healthy and safe relationships throughout their lives.

Central to the Curriculum for Wales is an aspiration for every child and young person to achieve the four [purposes](#) of the curriculum. A rights and equity based RSE curriculum helps ensure that all learners can develop an understanding of how people's faith, beliefs, human rights and cultures are related to all aspects of RSE and how these rights can contribute to the freedom, dignity, well-being and safety of all people. Therefore, within Sea View Community Primary School, we will discuss RSE in the context of the Rights protected by the United Nations Convention on the Rights of the Child.

RSE at Sea View Community Primary School will support learners to develop the knowledge, skills and values to understand how relationships and sexuality shape their lives as well as the lives of others. Learners will be equipped and empowered to seek support on issues relating to RSE and to advocate for self and others.

RSE is a mandatory requirement in the Curriculum for Wales for all learners from age 3 to 16 ("[the Act](#)"). This means that all learners must receive this education. There is no right to withdraw from RSE within the Curriculum for Wales.

This policy has been written in accordance with the Curriculum and Assessment (2021) Act; link [here](#).

The RSE policy has been written to link with other school policies and processes at Sea View Community Primary School. These include:

- Safeguarding and child protection
- Relationships and Positive Behaviour Policy
- Teaching & Learning
- E-safety policy

## Aims and objectives of RSE

The aim of RSE at Sea View Community Primary School is to give young people the information they need to help them develop healthy, nurturing, and respectful relationships of all kinds, not just intimate relationships. It should enable them to know what a healthy relationship looks like and what makes a good friend, a good colleague and a successful marriage or other type of committed relationship. It should also cover contraception, developing intimate relationships and resisting pressure to have sex (and not applying pressure). It should teach what acceptable and unacceptable behaviour in relationships is.

In accordance with legislation, RSE at Sea View Community Primary School will be inclusive, pluralistic, factually correct and provide opportunities for learners to critically engage and respond to all areas of the RSE curriculum. Staff will be well trained and all resources used will be carefully selected in line with the needs of the learners.

RSE will be taught through cross cutting themes and via discreet RSE lessons.

## Equal opportunities

Refer to Sea View Community Primary School's strategic equal opportunities policy.

## **Co constructing with pupils**

In accordance with the United Nations Convention for the Rights of the [Child](#), learner voice will be used to support in constructing the RSE curriculum at Sea View Community Primary School and learners will regularly have opportunities to evaluate and review our RSE provision to ensure that it effectively meets their needs.

## **Working with parents/carers**

Parents/ carers will be kept informed about the provision of RSE at Sea View Community Primary School and will be encouraged to see RSE as a shared responsibility between school and home.

## **Working with visitors and external agencies**

When visitors and external agencies provide sessional learning opportunities for learners, the school will ensure that:

- The school and the external provider have agreed the aims, content and approach to be adopted.
- The local authority (education department) know of and have approved the agency as a provider of RSE support within schools.
- The school has made the provider aware of any relevant school policies.
- The school has informed and prepared pupils ahead of the visit and allowed them time to prepare questions.
- Schools who commission external agencies will apply and follow the safe recruitment and commissioning procedures of the local authority.
- The school has planned for the provider to be actively supported by a teacher throughout the visit.

## **Developmentally appropriate RSE**

The Act requires that the RSE provided must be developmentally appropriate for learners. Therefore, schools and settings must take account of a range of factors such as the learners age, knowledge and maturity and any additional learning needs. RSE at Sea View Community Primary School will be developmentally appropriate for each learner. The age of learners should be one of the criteria by which practitioners decide upon the appropriateness of content; however, there will be other factors they will need to consider when planning provision. Factors such as the physical and mental and emotional development of learners should also be taken into account. This is essential to ensuring learners are kept safe from information for which they are not sufficiently mature to process. This, however, should not be a reason for not providing children and young people with the essential information they need as they develop physically, mentally and emotionally; developmentally appropriate RSE requires the coverage of subjects that are integral to learners' development. For example, issues which may affect some younger learners, such as puberty and menstruation, should be engaged with sensitively and before the onset of physiological changes. We will also consider how appropriate support is provided through a whole school approach such as, in the case of puberty, ensuring that learners have access to sanitary products.

## **Monitoring RSE**

Although RSE is a whole school responsibility, RSE will be monitored, reviewed and evaluated by those with responsibility for RSE at Sea View Community Primary School, in line with the school's curriculum policy. This includes:

- (a) The representative from the Governing body with responsibility for RSE
- (b) The Headteacher and Senior Leadership Team
- (c) The RSE lead(s)
- (d) Learners

This RSE policy will be reviewed regularly and this process will include all of the above, alongside other members of our school community (parents/ carers, and the Governing body) to ensure that our RSE provision and curriculum is effective in meeting statutory requirements.

## Appendix

- Schemes of work for each year group can be found on HWB.

The code can be found [here](#). The three strands are:

- (a) Relationships and identity
- (b) Sexual health and wellbeing
- (c) Empowerment, safety and respect

Our curriculum plan is organised into year groups and takes account of the three phases of learning, as well as the developmentally appropriate needs of our pupils and is available to share on request.

The three phases of learning are:

1. Phase 1 – from age 3
2. Phase 2 – from age 7
3. Phase 3 – from age 11

At Sea View Community Primary School, our RSE teaching aims to:

- To build a supportive and respectful community where children feel valued and comfortable to be themselves and celebrate their uniqueness
- Develop pride in their culture, belief, ethnicity, gender, disability and sexuality
- Nurture pupils to be kind, empathetic, inclusive and supportive of other beliefs, cultures, genders, disabilities, age and sexualities and value the contributions people make to society
- Challenge stereotypes and misinformation
- Allow pupils to form safe, positive relationships and know how to keep themselves safe, recognising unsafe/unhealthy relationships
- Know about their body, body positivity, and how to look after their body including physical, mental and emotional health
- Know about puberty, conception and how to keep their bodies safe and healthy
- Enable pupils to seek help and receive support when they need it and identify key people who can help them
- Ensure that pupils know how to keep themselves safe online and recognise harm and abuse in the online and real world
- Know about and resist negative peer influence

- Understand about consent

In Sea View Community Primary School, our RSE has been broken down into six key areas which align to the RSE Code's strands. These are:

- My Trusted Adults
- My Relationships
- My Identity
- My Beliefs and Attitudes
- My Body
- My Safety

Some content is taught directly in a series of lessons, other content is linked to other areas of learning, such as Science & Technology, Humanities and the Digital Competence Framework, whilst some learning takes place discreetly and forms part of everyday school life.

### **Content, Delivery and Resources**

Teachers will use a range of resources to support their teaching such as picture books, videos and teaching resources. Examples of these are contained within the scheme/programme of work. Resources may evolve/ change as new materials become available. Parents and carers are welcome to see the range of resources used.

For certain elements of the scheme of work, the school will engage support from outside agencies such as the school nursing service, schools police officers and specialist organisations such as Show Racism the Red Card and the NSPCC. Examples of this can be found within the programme.

### **Scheme of work overview**

<b>Year</b>	<b>Topics / Concepts</b>
Nursery	<ul style="list-style-type: none"> <li>• Friendships</li> <li>• Gender</li> <li>• My Body</li> <li>• Families</li> <li>• Trusted Adults</li> </ul>
Reception	<ul style="list-style-type: none"> <li>• Friendships</li> <li>• Gender</li> <li>• My Body</li> <li>• Families</li> <li>• Beliefs &amp; Attitudes</li> <li>• Trusted Adults</li> </ul>
Year 1	<ul style="list-style-type: none"> <li>• Friendships, Love and Relationships</li> <li>• Families</li> <li>• Media and Online Safety</li> <li>• My Body</li> <li>• Gender</li> </ul>

Year 2	<ul style="list-style-type: none"> <li>• Friendships</li> <li>• Gender, Values and being Unique</li> <li>• My Body</li> <li>• Bullying, Cyberbullying and Online Safety</li> <li>• Love and Relationships</li> </ul>
Year 3	<ul style="list-style-type: none"> <li>• Friendship</li> <li>• Values, Rights and Respect</li> <li>• Identity</li> <li>• Relationships</li> <li>• My Safety</li> </ul>
Year 4	<ul style="list-style-type: none"> <li>• My Safety</li> <li>• My Body</li> <li>• Friendships</li> <li>• Values, Decisions and Rights</li> <li>• Relationships, Discrimination and Gender</li> </ul>
Year 5	<ul style="list-style-type: none"> <li>• Families, Marriage and Gender</li> <li>• Puberty, Sexuality and Gender Identity</li> <li>• Relationships and Sexuality</li> <li>• Ability and Disability</li> <li>• Peer Influence</li> <li>• Stigmatisation, Bullying, Cyberbullying, and Internet Safety</li> <li>• Abuse and Neglect</li> </ul>
Year 6	<ul style="list-style-type: none"> <li>• Puberty and Menstruation</li> <li>• Relationships and Sexuality</li> <li>• Sex and Conception</li> <li>• Illness and Safety</li> <li>• Abuse, Violence and Forced Marriage</li> <li>• Gender Based Violence (GBV) and CEFM</li> </ul>

- Examples of Resources and Services to Support RSE and the Teaching of RSE (these are a generic list of resources, and the school will select resources that are appropriate for the age and stage of learners).
  - Swansea Bay School Health Nurse Service - [SBU.SchoolNursing@wales.nhs.uk](mailto:SBU.SchoolNursing@wales.nhs.uk)
  - [Cross-cutting themes for designing your curriculum](#) – Welsh Government RSE Code and Guidance.
  - [Brook Learn](#) - A range of high-quality, self-directed and mostly free-to-access courses to empower, support and encourage you to deliver effective relationships and sexuality education.
  - [Spectrum](#) - Educating schools, pupils and parents in Wales about healthy relationships by taking a whole school approach to tackling domestic abuse.
  - [Growing Up/Tyfu I Fyny Resource](#) – Supports delivery of RSE. Only available via HWB.
  - [SENSE Interactive Resource](#) – Supports delivery of RSE. All schools have been provided with a copy.
  - [SchoolBeat](#) - Providing information and resources for pupils, teachers, parents and partners to reinforce the key messages delivered by our School Community Police Officers in primary and secondary schools as well as alternative educational settings.
  - [Frisky Wales](#) – NHS Wales Sexual Health Website.
  - [NSPCC Learning](#) - Training and resources to help you protect children from neglect and abuse.
  - [PANTS Resource](#) - Free resources for schools and teachers including a lesson plan, slide presentation, curriculum links, classroom activities and more.
  - [Underwear Rule](#) - A simple conversation to help parents keep their child safe from sexual abuse.
  - [Stonewall Cymru](#) - Supporting schools to become more LGBTQ+ inclusive.
  - [ThinkuKnow Toolkit](#) - Information and guidance which is appropriate and relevant to the experiences of young people aged 11-18. The toolkit includes activities that can be delivered as one-off lessons or used as part of young people’s relationships and sex education.
  - [Kooth](#) - Kooth is a free, safe and anonymous online wellbeing service for children and young people.
  - [Meic](#) – A free 24-hour helpline for children and young people in Wales. MEIC provides advice and support for a range of issues including bullying and sitting exams.
  - [Agenda](#) - A downloadable resource for educational practitioners who want to support children and young people (aged 7 – 18) to make positive relationships matter in their school and community.
  - [Crush](#) - CRUSH is a free downloadable resource designed to prepare teachers for the new RSE Code and Guidance.
  - [Terrence Higgins Trust](#) – Information about HIV, other sexually transmitted infections and how to maintain good sexual health.
  - [CAFOD](#) - Education resources for primary and secondary schools.
  - [Amnesty International UK](#) – Ordinary people from across the world standing up for humanity and human rights.
  - [Mentally Healthy Schools](#) - Learn without fear: girls' rights school pack.
  - [Kaleidoscope Trust](#) – Freedom, safety and equality for LGBT+ people.
  - [Barnardo's](#) - Resources to help identify and engage young people at risk of sexual abuse and exploitation.
  - [Let's Talk About It](#) - Relationships & Sex Education Support.
  - [Repository - Hwb \(gov.wales\)](#)
  - [Children's Commissioner for Wales](#) – Resources for schools.
  - [Education and Training Foundation](#) - Useful resources – Prevent for Further Education and Training.
  - [Swansea Bay RSE Teaching Pack](#) – Lessons from Reception to Year 6, includes School Nurse lessons on hand washing (Reception) and puberty (Year 5). Only available via HWB.



